

'09-'10



ANNUAL REPORT

10th May 2009 @ Anatha Shishu Nivasa, Bull Temple Road, Bangalore

Having worked with school and college students hitherto, it was apt that we expand our frontiers and include within the Zavian fold, early learning kids too. The most appropriate place to start off with our novel endeavour was the Anatha Shishu Nivasa at Bull Temple Road, Bangalore. The ashram houses kids from age 1 to 8 years and on 10th May 2009 we had our small experiential training program which involved theatre, dance, junk innovate, collage, ice breakers, energisers among other activities.



31st May 2009 @ Anatha Shishu Sevashram, Wilson Garden, Bangalore

Vastradaan Phase 1-As the name suggests Vastradaan was our initiative to donate used clothes to those who cannot possibly afford them. A tiny blotch here, a small hole there and we throw away an otherwise decent piece of clothing, not realising that some from amongst us don't even have that privilege. Zav Foundation carried out donation drives at Sri Bhagawan Mahaveer Jain College of Engineering, Kanakpura over the course of two weeks and we were able to get as many as three hundred clothing items for men, women and children. About 260 of these were donated at Anatha Shishu Sevashram, Bangalore.



31st May 2009 @ Abhaya Ashram & Orphanage

Vastradaan Phase 2 -The Vastradaan Campaign entered its second phase. The remaining of the used clothes that we collected from the Sri Bhagawan Mahaveer Jain College of Engineering were donated to the children at Abhaya Ashram & Orphanage.



30th June @ Tirumala Rural Development & Learning Centre, Ramanagar

Vastradaan Phase 3 – The Phase-3 of the campaign saw us distributing clothes to the specially enabled kids of Tirumala Rural Development & Learning Centre, Ramanagar. The residents of the Sri Bhagawan Mahaveer Jain College of Engineering Boys Hostel were kind enough to donate their used clothes at the end of the previous year.

May & June 2009 @ Jain Global Campus, Ramanagar

Spoken English Classes were organised for the housekeeping staff members (Radha Krishna Hospitality Services) at the Jain Global Campus. More than twenty-five students utilised this opportunity and learnt the art of Spoken English and thus having a better level of interaction with their co-workers and colleagues.

The sessions were held every morn from 6am-7.30am for two months. Activity based learning methodology was adopted to involve as many students as possible in the learning process. All the sessions were bilingual so that the beneficiaries may retain them for a longer time.

2nd - 12th July 2009 @ Kengeri High School, Bangalore

A series of workshops were conducted at the Kengeri High School & Composite Pre University College. The themes of the workshops ranged from Falun Dafa to Yoga, from Mathemagic to Junk Innovate. Effective Communication Skills, Presentation skills, Dance, Theatre, Music were some of the other areas the workshops catered to. A healthy combination of activity based learning, role play, humour and storytelling made the workshops a resounding success. Students not only explored something new in each of the workshops but also started pursuing a hobby for themselves. Another major outcome of these workshops was that many participants lost their inhibitions to speak in public and were henceforth confident public speakers.

14th July 2009 @ Shirin Dinyar Irani Learners Academy, Dahanu (Maharashtra)

Zav Foundation was invited by the residents of Dahanu, Maharashtra for a Guest Talk at one of the oldest schools in the town. We had an opportunity to work with Scouts & Guides students of the Shirin Dinyar Academy. A small pep talk session was held, educating the students on how their involvement in co-curricular activities will help them in the long run. Also a small session on Personal Grooming was held that had among other things, various puzzles to keep the enthusiasm of the audience high.



22nd – 23rd July 2009 @ Government High School, Chikamagalur

Another landmark at Zav was a two-day continuous workshop for high school students of the Government High School, Chikamagalur. Career Guidance & Personality Development Programme sessions were held for all students in batches of fifty for the two days of the workshop. The general response among the students was that the works were very informative and would go a long way in helping with their future decision making. Teachers too joined in to better clarity on what the avenues available to them at present in the country.

25th July 2009 @ Government High School, Kengeri, Bangalore

Effective Study Techniques & Memory Power Techniques were shared to improve the academic performance of the students and help them formulate better study habits.

29th July 2009 @ Lewa English High School, Rajajinagar, Bangalore

Goal Setting & Time Management workshop was held for students of grade 10th at the outset of the new academic session.

31st July 2009 @ Lewa English High School, Rajajinagar, Bangalore

A Career Guidance Workshop took place with the intention of showcasing various career options available to students after 10th, 12th. Information about degree courses was also provided to the participants. A descriptive Mind Map, helping them with their career choices was distributed to all students. An elucidatory explanation was given for all the chosen fields and the career prospects available after high school education. The emphasis was not only on conventional professional courses but also on vocational courses, diplomas & ITI courses.

11th August 2009 @ Bangalore

Youth Leadership Programme Launched



24th August 2009 @ National Institute of Management Studies, Bangalore

Experiential Workshops on Effective Communication Skills and Self Confidence were delivered to students of Management Studies at National Institute of Management Studies, Bangalore. Sharing sessions were a great success and as a result we also had a few students willing to volunteer in our initiatives.

27th September & 4th October 2009 @ Ramana Maharishi Academy for Blind, J P Nagar, Bangalore

An interactive session was undertaken by the Zav Foundation with the specially enabled kids at Ramana Maharishi Academy for Blind, J P Nagar, Bangalore to get a fair idea on how creatively these kids use their other senses and perform the different day to day tasks given to them. Both the sessions involved Team Exercises with various activities like singing, mono act, storytelling and many more. An eye-opening experience indeed, it was really amazing to witness the confidence, creativity, adaptability and the independent attitude of these not so lucky kids.

4th October 2009 @ Kengeri Pre University College, Kengeri, Bangalore

This was to help them understand, remember and organize their daily lessons. The workshop helped the students get a hang of a lot of new topics in their regular subjects.

11th October 2009 @ Kengeri Degree College, Kengeri, Bangalore

A Mind Mapping exercise followed by a Presentation Skills Workshop was delivered to the students of Kengeri Degree College, Kengeri, Bangalore. This was to help them understand, remember and organize their daily lessons. The workshop helped the students get a hang of a lot of new topics in their regular subjects.



8th November 2009 @ Bangalore – Youth Leadership Program (Volunteering)

An august gathering of individuals from diverse backgrounds took place at Cubbon Park. They were present to explore their Leadership Quotient and ability to take a social initiative to the next level.

Various Behavioural Simulations were used as effective means to establish the learning objectives among the participants. Lt. Col. Rishipal was our observer for the day. Rishipal Sir has excellent experience in such diverse fields. He motivated the entire group to understand and follow one's passion and pursue the same.

Experimental learning being our most proficient tool to spread our ideas added stars to the existing Youth Leadership Program. It helped us to initiate another novel activity i.e. Donate Books, Receive Books.

15th – 29th November 2009 @ Kengeri Pre University College, Kengeri, Bangalore

Weekend Spoken English Classes were delivered on students' request in order to help improve their communication skills. Role Plays, Discussions & Sharing methods were used to deliver the lesson plans.

The workshop delivery methodology made sure that the participants were always zealous, ready to utilise the maximum of what was being delivered to them. The classes not only helped students improve their English language skills but behaviour patterns too.

December 2009 – January 2010 @ Bangalore South Constituency - BBMP Programme

Zav Foundation was invited by People's Action and Development Society to deliver programmes under BBMP's welfare schemes across 10 schools and colleges in Bangalore South Constituency on Career Guidance & Personality Development Programme

Career Guidance

The workshop took place with the intention of showcasing various career options available to students after 10th, 12th. Information about degree courses was also provided to the participants. A descriptive Mind Map, helping them with their career choices was distributed to all students. An elucidatory explanation was given for all the chosen fields and the career prospects available after high school education. The emphasis was not only on conventional professional courses but also on vocational courses, diplomas & ITI courses. Knowledge about various career options like Civil Services, Law, Fashion Designing, Military Services, Cooking, Pilot, etc. was disseminated and their importance shared with all the students.

Special emphasis was laid on hard work required to succeed in any of the above fields. Overall students found the entire session very resourceful and all of them agreed that they now had a clearer understanding on how to go about to pursue their goals in future.

Job Orientation

This session was for those who will be facing the outside world very soon (Degree students). Following topics were covered:

- How to write your Resume?
- How to face an Interview?
- Formal attire for boys and girls
- Body Language & Facial Expressions
- How to prepare before attending an interview?

Personality Development Programme

This section was for all the students and it covered various soft skills topics like Planning, Time Management, Team Building, Coordination, Problem Solving etc.

All these sessions in this section were delivered through effective Experiential Learning methods.

Memory Power Techniques

Memory power techniques like Mnemonics and study techniques like fast reading, loud reading were discussed in detail with examples and role plays.

Meditation

Methods, Importance, Advantages of meditation were shared to help students improve their concentration power, especially during exam time.

Following are the schools and colleges we facilitated our programmes at:

- Government High School, Kengeri
- Government High School, Yeshwantpur
- Vokkaligara Government High School, Nagarbhavi
- JSS Public School,
- Raja Rajeshwari Government High School, Raja Rajeshwarinagar
- Kengeri High School, Kengeri
- Kengeri Degree College, Kengeri
- Government High School, Doddagollahatti
- Government First Grade College, Kengeri
- Kengeri Pre University College, Kengeri

5th January 2010 @ Bangalore – Registration of Zav Foundation

Zav Foundation is formally registered under India Trust Act 1947 at Kengeri Sub Registrar's Office.

Registration Number: KEN – 058/ 2009 - 2010



6th January 2010 @ Bangalore – Team Mercuranus funding Project Neev

Zav Foundation is relentlessly working towards making learning environments as supportive as possible for high school students in order to facilitate their learning process. Having recognized and appreciated this, a group of individuals from Tata Consultancy Services offered to fund the unique dream project of Zav called Project Neev.

Project Neev is a completely informal education programme where workshops are delivered on a regular basis catering to different streams such as Hobbies (Theatre, Dance, Philately, Story Telling, Radio Jockey, etc), how stuff works? (Mobile Phones, ATM Machines, Internet, Aircrafts, etc), Personalities (Albert Einstein, Rabindranath Tagore, C V Raman, Sunita Williams, etc), Soft Skills (Time Management, Effective Communication, Presentation Skills, etc) & Did you know?

This project was executed at four schools, and the workshops were customised to suit the requirements at each of the four schools.

Following were the institutions:

Lewa English High School, Mahaganapathynagar

Government High School, Doddagollahatti

St John's High School, Nagarbhavi

Government High School, Uttarahalli

24th January 2010 @ Bangalore

Zav Foundation Quarterly Meet was attended by all the Trustees to take a stock of all issues and re plan and strategize for the present quarter January 2010 – March 2010

30th January 2010 @ Bangalore – 2hours/week Campaign

As the title suggests the campaign was all about encouraging people to spend just two hours a week with underprivileged kids and contribute to a social cause, be it education, environment, women empowerment, animal welfare, etc

Mass mails, posters, posts on various social network websites were sent across to all well wishers of Zav Foundation as a part of this campaign.

As a result of which we saw many youngsters visiting their nearest government schools and providing support in the form of classes in subjects which the students find difficulty in.

7th March 2010 @ Cubbon Park, Youth Leadership Programme (Regenerated Ethics of Democracy)

A new team of individuals from diverse backgrounds gathered at Cubbon Park to experiment and improve upon their team work skills and understand 'Democracy' that was the theme for the day.

Various Behavioural Simulations were used as effective means to establish the learning objectives among the participants. Students from different institutions like UVCE, PESSE, CMRIMS participated. Debating was a major activity carried throughout the event.

Pep talk with visitors at the Cubbon Park on their understanding of Democracy and their opinion about the same in India was indeed a wonderful experience.

2010 @ Department of Management Studies, Christ University, Bangalore

An opportunity knocked our door when we were invited to share our social initiative model to all the students of a mentor group by Prof. Usha from the Department of Management Studies, Christ University, Bangalore.

Masters in Business Administration students attended this introductory session by Zav and followed it with a discussion on how our involvement in such an initiative can make this world a better place to live in. Faculty and students had learned of a new way to run a social initiative without any major monetary requirements.